



# Is Your House Running You?

Twenty questions, five systems. Tick only what is true today, not what is true on a good week. Your lowest scoring system is the one to fix first, and fixing one usually lifts the other four.

## 01 The Landing Zone

*La Zona de Entrada*

YES

|                                                               |                          |
|---------------------------------------------------------------|--------------------------|
| Keys, bags and shoes have one home each, and everyone uses it | <input type="checkbox"/> |
| The floor by the door is clear at the end of every day        | <input type="checkbox"/> |
| Mail is opened the day it arrives, never stacked              | <input type="checkbox"/> |
| A guest could walk in right now without you apologising       | <input type="checkbox"/> |

## 02 The Food System

*El Sistema de Comida*

YES

|                                                                 |                          |
|-----------------------------------------------------------------|--------------------------|
| You can see everything in the pantry without moving anything    | <input type="checkbox"/> |
| The week's meals are decided before the shopping happens        | <input type="checkbox"/> |
| Nothing is bought twice because you could not see the first one | <input type="checkbox"/> |
| Opened items are visibly separated from sealed ones             | <input type="checkbox"/> |

## 03 The Laundry Loop

*El Ciclo de la Ropa*

YES

|                                                            |                          |
|------------------------------------------------------------|--------------------------|
| Laundry has set days, not whenever the hamper overflows    | <input type="checkbox"/> |
| A load finishes the whole loop the same day it starts      | <input type="checkbox"/> |
| Nothing lives permanently in a basket waiting to be folded | <input type="checkbox"/> |
| Every person knows where their clean clothes are returned  | <input type="checkbox"/> |

## 04 The Paper Trail

*El Rastro de Papeles*

YES

|                                                             |                          |
|-------------------------------------------------------------|--------------------------|
| School forms and bills have a place that is not the counter | <input type="checkbox"/> |
| You could find any document in under two minutes            | <input type="checkbox"/> |
| Nothing important is only on someone's phone                | <input type="checkbox"/> |
| Paper leaves the house as fast as it enters                 | <input type="checkbox"/> |

## 05 The Reset Rhythm

*El Ritmo de Reinicio*

YES

|                                                           |                          |
|-----------------------------------------------------------|--------------------------|
| The house returns to a baseline once a day, at a set time | <input type="checkbox"/> |
| Somebody specific owns that reset, by name                | <input type="checkbox"/> |
| A deeper reset happens weekly, before Shabbos             | <input type="checkbox"/> |
| If you were away for a week, the system would still run   | <input type="checkbox"/> |

| YOUR SCORE | 17 to 20 · Your systems hold. Protect them. | 11 to 16 · One system is carrying the rest. Find it. | Under 11 · Start with the Reset Rhythm. Nothing else sticks without it. |
|------------|---------------------------------------------|------------------------------------------------------|-------------------------------------------------------------------------|
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