DO NOT PAY TO MOVE WHAT YOU WILL NOT KEEP

DECLUTTERING BEFORE MOVING

Every box you move costs money and unpacking time. Deciding before the move is cheaper than deciding after, and you will have more energy for it.

START EIGHT WEEKS OUT

- [ ] Room by room, hardest room first while you have energy
- [ ] Anything broken you have not fixed in a year
- [ ] Duplicates go without discussion
- [ ] Anything for a hobby you have not touched since the last move

THE ROOMS THAT HIDE THE MOST

- [ ] Garage and shed
- [ ] The cabinet nobody opens
- [ ] Attic and any crawlspace
- [ ] Bathroom cabinets, entirely
- [ ] Under beds

DECIDE FAST ON THESE

- [ ] Books you will not reread
- [ ] Cables for devices you no longer own
- [ ] Clothes that fit a different life
- [ ] Anything you would not pay a mover to carry
- [ ] Paperwork older than seven years

WHERE IT GOES, SAME WEEK

- [ ] Donation booked, not intended
- [ ] Recycling and disposal scheduled
- [ ] Sale listed within seven days or it becomes donation
- [ ] Nothing goes back in the cabinet to decide later